

# Dermatology CONNECTION



The Newsletter of the University of Mississippi Medical Center Department of Dermatology • Winter 2019

## Patient Centered Subspecialty Care

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### Nancye McCowan, MD

Program Director, Complex  
Medical Dermatology and  
Cosmetic Dermatology

### Kimberley Ward, MD

Cosmetic, Medical and  
Surgical Dermatology

### Robert Brodell, MD

General Dermatology and  
Dermatopathology

### Jeremy Jackson, MD

Cutaneous Lymphoma, Psoriasis  
and Inpatient Dermatology

### Will Black, MD

Mohs Surgery, Cutaneous  
Oncology and Multidisciplinary  
Melanoma Clinic

### Stephen Helms, MD

Occupational Dermatology  
and Patch Testing, Inpatient  
Dermatology

### Jasmine Hollinger, MD

General Dermatology,  
Teledermatology and Skin of Color

### Adam Byrd, MD

General Medical and Surgical  
Dermatology

### Ashley Emerson, MD

Pediatric Dermatology and  
Cosmetic Dermatology

### Rudolfo Trujillo, MD

General Dermatology and  
Tropical Medicine

### Angela Jackson, NP

### Denise Gipson, NP

### Leslie Partridge, NP

### Carmen Matzek, NP

### Amanda Stewart, NP

## From the Chair

The Department of Dermatology at the University of Mississippi Medical Center continues to move forward on all fronts with the help of our faculty, residents, affiliate faculty and friends. In the past 12 months we have served 42,976 patients, rendered 5,100 dermatopathology diagnoses, started dermatopathology and Mohs fellowships, written 35 journal articles and book chapters, and one book. How does all of this happen?



The unsung heroes of the department are our nurses, head nurses, and nurse practitioners helping us to care for our patients using “team-based care” principles. Perhaps most invisible to others are our administrative leadership team. Taylor Sisson, DHA, MBA, Department Business Administrator; Peg Farnham, Supervisor of Business Operations; Margaret Kovar, Education Administrator; Allie Malone, General Clerk; Mary Ann Craft, Manager of Ambulatory Operations; and Jennifer Bryant, Director of Ambulatory Operations, who help us navigate complex governmental and university regulations, and act on our behalf in thousands of ways. The chair gets too much credit...kudos to the team.

### Bob Brodell, MD

*Professor and Chair*

*UMMC Department of Dermatology*

*Cell: 330-883-5302*

**The UMMC Department of Dermatology is making good progress toward a goal of developing a world-class department. Our mission is clear:**

1. to enhance the patient-centered care provided by dermatologists in Mississippi
2. to focus on subspecialty care needs of patients and to support our dermatology colleagues throughout the state
3. to provide high quality educational programming for medical students, residents and fellows
4. to provide timely and focused continuing medical education (CME) for dermatologists and other health care providers in the State of Mississippi and throughout the region
5. to develop basic science, translational and clinical research programs that extend the knowledge base of dermatology

# Residency and Fellowship Program Update

The UMMC Dermatology Residency Program currently boasts 11 residents in training in the PGY-2 through -4 years with 3 PGY-1s joining us next year. Our third class of graduates finished in June 2018 and passed their boards in July, maintaining the program's 100 percent board pass rate. Our residents have been very active in research and produced dozens of peer reviewed publications and book chapters. They also enthusiastically teach medical students and their faculty and lead the department's quality assessment/quality assurance program.

## Welcome to the New Residents

### Caroline Crabtree

Caroline was born and raised in Birmingham, Alabama. She attended Auburn University, where she graduated *summa cum laude* in Biomedical Sciences. She then returned to her hometown to attend the University of Alabama School of Medicine, where she was inducted as a junior member to the Alpha Omega Alpha Honor Society and graduated *summa cum laude*. She completed her internship in Internal Medicine at the University of Mississippi Medical Center and is now excited to be joining the Department of Dermatology at UMMC. Outside of work, she loves spending time with her husband, cooking, and traveling.



### Ira Harber

Ira hails from Iuka, Mississippi. He received his Bachelor of Science in biology from Ole Miss before attending medical school at the University of Mississippi Medical Center. He completed a preliminary year of Internal Medicine at Louisiana State University-New Orleans before returning to UMMC to begin training in Dermatology. He and his wife Alli were married Saturday, June 30, 2018, and he began his Dermatology residency on July 2nd. He and his wife enjoy cooking, Ole Miss sporting events, and planning a belated honeymoon.



### Ashton Davis

Ashton was born and raised in Rolling Fork, Mississippi. She graduated *summa cum laude* from Mississippi College, earning a Bachelor of Science degree in Biology Medical Sciences. She then completed her medical degree at the University of Mississippi Medical Center. She was inducted as a senior member into the Alpha Omega Alpha Honor Society, and was also selected for induction into the Gold Humanism Honor Society. She completed her internship in Internal Medicine at UMMC and is now excited to have the opportunity to stay in her home state to complete her Dermatology training. Outside of medicine, Ashton enjoys spending time with her husband, Blake, and two children, Aiden and Madelyn. She also enjoys trying new foods and restaurants, cooking, and interior design.



### Caitlyn Reed

Caitlyn was raised in Jackson, Mississippi. She graduated *magna cum laude* from Mississippi College with a bachelor's degree in chemistry before attending medical school at the University of Mississippi Medical Center, where she graduated *summa cum laude* and was inducted as a junior member of Alpha Omega Alpha Honor Society. She also received her Masters of Science in Pathology from UMMC during medical school. She is married to Dustin, a radiology resident, and they have two sons, Charlie and Jack. Outside of work, she enjoys spending time with her family, trying new recipes, and sewing. She is very excited to be joining UMMC's Dermatology Department.



# 2017-18 Resident, Teaching Awards



*Dr. Thy Huynh and Dr. Nancy McCowan*



*Dr. Chelsea Mockbee and Dr. Nancy McCowan*



*Dr. Allison Cruse and Dr. Nancy McCowan*

**Dr. Mark Braswell** was awarded the 2017-18 Resident Teaching Award for making learning easy and fun for medical students and inspiring interest in the field of dermatology. M-4 students who rotated throughout the year selected Dr. Braswell for the award.

The 2017-18 Resident Research Award went to **Dr. Thy Huynh** for the enormous impact her writing and research has on physicians and their patients.

The 2017-18 Resident Quality Improvement Award was given to **Dr. Allison Cruse**, whose QI Moment research and presentation had the greatest impact on preventing harm to our patients.

**Dr. Chelsea Mockbee** was awarded the 2017-18 Resident Professionalism Award for inspiring trust and confidence through compassionate care.

The residents voted to present the 2017-18 Faculty Teaching Award to **Dr. Ashley Emerson** for being an energetic, dedicated, creative and inspiring dermatologist who strives for excellence in teaching, research and clinical care.

The residents awarded the 2017-18 Affiliate Faculty Teaching Award to **Dr. Buu Duong**, a truly kind and caring physician, whose dedication to dermatopathology teaching and mentorship brings out the best in his students.

Two special awards were presented this year. The Program Director's Award was presented to **Dr. William Black**, whose dedication to the education of our residents is reflected by exemplary attendance at Journal Club and Grand Rounds. **Dr. Michael Cosulich** was presented the Surgical Education Award, in recognition for superb teaching of surgical skills to our residents.

## Welcome Amanda Stewart

Raised in Clinton, Amanda received her RN degree from Hinds Community College before obtaining her Bachelor of Science from the University of Alabama in Tuscaloosa. Most recently, she received her Master of Science in Nursing from the University of Alabama at Birmingham and successfully passed her certifying exam. In her spare time, she has contributed her time and expertise to international medical missions. She will be working with Dr. Helms and Dr. Mockbee to assist in the complex evaluation and education of patients with contact dermatitis, including patch testing. In addition, she will be seeing general dermatology patients within our team-based care system to best serve the needs of Mississippians.



## Special Thanks!

The department would like to thank

**Dr. C. Ralph Daniel**

for his donation of

"Scher and Daniel's Nails:

Diagnosis, Surgery, Therapy, 4th Ed."

to each resident and the

Dermatology resident library!

# Congratulations

## People's Choice Award for Exceptional Poster Presentation

A poster presentation by **Julio Cespedes** and **Kourtland Adams** titled "Referral Redesign: Store and Forward Dermatology in Mississippi" received the People's Choice Award for Exceptional Poster Presentation of Connected Health Research during the Society for Education and the Advancement of Research in Connected Health 2018 Telehealth Research Symposium, held in San Diego, California, Oct. 24-25. The poster described our efforts to leverage the EPIC electronic health record to bring a low cost, asynchronous solution for dermatological access to external community providers. Drs. Hollinger and Brodell, Taylor Sisson, and Jennifer Bryant all contribute to the UMMC telehealth team.

## 2018 Mentorship Award

**Dr. Thy Huynh** was selected as one of the Society for Pediatric Dermatology's 2018 Mentorship Award recipients. In April 2019, she will conduct research with Dr. Ilona Frieden at the University of California, San Francisco, on physician preference and prescribing habits of topical timolol vs oral propranolol for infantile hemangioma.

## The American Academy of Dermatology 2019 Annual Meeting

### UMMC Presentations at AAD 77th Annual Meeting 2019

- Daggett, CM, RT Brodell, JD Jackson, and CR Daniel. 9802 – Onychomycosis in Athletes. Oral presentation and online ePoster, 2019 American Academy of Dermatology Annual Meeting. March 2019. Accepted November 29, 2018.

#### Saturday, March 2, 2019

- Brodell, RT. F057 Young Physician Pearls and Pitfalls – The Rise of PAs/NPs: Implications for the future. Room 154A/B

#### Sunday March 3, 2019

- Brodell, RT. P151 - Welcome to the Plenary Session. Ballroom A/B

#### Monday, March 4, 2019

- Brodell, RT. S055 Optimize Your Practice: Getting It Right and Loving Your Job – Incentivize Physicians to Excellence and Pride. Room 101
- Helms, SE. S055 Optimize Your Practice: Getting It Right and Loving Your Job – Cognitive Errors. Room 101.
- Brodell, RT. S058 Pearls: Diagnostic and Therapeutic – What I Learned from a Mission Trip to Nigeria. Room 145AB

*The department will hold an alumni/Friends "get-together" during the 2019 American Academy of Dermatology Annual Meeting in Washington, D.C. The event will be Friday, March 1 from 5-7 p.m. EST at Maxwell Park, 1336 9th St NW, Washington, D.C. Please RSVP to let us know in advance if you would like to attend!*

# Publications and Presentations

## Publications

Hodge BD, N Huynh, RT Brodell. Folly à deux: Topical corticosteroid addiction in mother and son. *JAAD Case Reports* 2019. 5(1): 82-85.  
<https://doi.org/10.1016/j.jdc.2018.09.014>

Abbas A, Braswell M, Bernieh A, Brodell RT. (2018). Glomovenous malformations in a young man. *Dermatology Online Journal*. 24(10).  
<https://escholarship.org/uc/item/2w54142d>

Helms SE & RT Brodell. Commentary: Let's Acknowledge Our Mistakes and Learn from Them! *British Journal of Dermatology*. (2018) 179:1237-1239.

Gathings RM, Casamiquela K, Jackson A, Brodell RT. Tinea incognito in a tattoo. *Cutis*. 2018 May;101(5): E17-E18. PMID: 29894544

Stephens, P. M., Martin, B., Ghafari, G., Luong, J., Nahar, V. K., Pham, L., Luo, J., Savoy, M., & Sharma, M. (In Press). Skin Cancer Knowledge, Attitudes, and Practices (KAP) among Chinese Population: A Narrative Review. *Dermatology Research and Practice*. Received 31 January 2018; Accepted 22 April 2018.

Stoff BK, JM Grant-Kels, RT Brodell, AS Paller, CS Perlis, E Mostow, D Pariser, L Bercovitch. A curriculum in ethics and professionalism for dermatology residencies. 2018. 78 (5): 1032–1034.

Dolohanty L, Brodell RT, Helms SE. Approach to the Diagnosis of Skin Disease. *Scientific American Medicine*, Accepted for 2018 edition

Pham L, Martin B, Nahar VK, Boyas JF, Sharma M, Pippert TA., & Brodell, RT (2017). Skin Cancer Prevention Practices among Nursing Students: A Critical Need for Improvement. *The Journal of the Dermatology Nurses' Association*, 2018 9(4), 196-198.

Harber ID, Adams K, Casamiquela K, Benson B, Herrin V, Helms SE. Bendamustine induced acute generalized exanthematous pustulosis (AGEP) confirmed by patch testing. *Dermatitis* July/August 2018. 28(4):292-93

Desrosiers AS, A Bernieh, AC Byrd, RT Brodell. An eruption of follicular keratotic spicules with alopecia. *SKIN The Journal of Cutaneous Medicine*. 2018. 2(4), 261-263.

Feng J, Frisard C, Nahar VK, Oleski JL, Hillhouse JJ, Lemon SC, Pogato SL. Gender Differences in Indoor Tanning Habits and Location. *J Am Acad Dermatol* (Accepted 20/12/17).

Pearson HJ, RT Brodell, CR Daniel. Novel Insights from Clinical Practice: Seasonal Onychomadesis of the Great Toes. *Skin Appendage Disorders*. (2018) 4:177-79.

Hollinger JC, Angra K, Halder RM. (2018). Are Natural Ingredients Effective in the Management of Hyperpigmentation? A Systematic Review. *J Clin Aesthet Dermatol*, 11(2):28-37. Epub 2018 Feb 1.

Bailey KC, L Wise, T Breeden, RT Brodell. PhotoRounds: Persistent Facial Hyperpigmentation. *The Journal of Family Practice*. Accepted 2/10/18.

Cochran A, Petitjean J, Brodell RT. (2018). A Case of a 2-Year-Old with Tinea Capitis Associated with Tinea Faciei and Corporis. *American Medical Student Research Journal*. Accepted 5/3/18.

Reed CT, CS Mockbee, RT Brodell, SE Helms. Images in dermatology: Is the hip prosthesis responsible for this rash? *JAAD Case Reports*. 2018. 4 (1): 1–3. Available online: December 2017.  
<https://doi.org/10.1016/j.jdc.2016.11.011>

Roberts H, J King, RT Brodell, A Byrd. Distinguishing Features: Staphylococcal Scalded Skin Syndrome vs Toxic Epidermal Necrolysis. *SKIN The Journal of Cutaneous Medicine*, 2(2): 135-39.

Bodie B, Brodell RT, Helms SE. Shortage of lidocaine with epinephrine: Causes and solutions. *J Am Acad Dermatol*. 2018 Mar 1. pii: S0190-9622(18)30320-7. doi: 10.1016/j.jaad.2018.02.035. [Epub ahead of print] No abstract available. PMID:29477733

Dixon LJ, Witcraft SM, McCowan NK, and Brodell RT. (2018). Stress and skin disease quality of life: the moderating role of anxiety sensitivity social concerns. *Br J Dermatol*. doi:10.1111/bjd.16082

Keeley J, T Huynh, RT Brodell. (2018). Papules developing in an old tattoo. *JAAD Case Reports*, 4(7): 625–627. DOI: <https://doi.org/10.1016/j.jdc.2018.03.019>

Brodell RT, Dolohanty LB. Intertrigo. Post TW, ed. *UpToDate*. Waltham, MA: UpToDate Inc. Accessed June 6, 2018.

Hagan CE, M Offiah, RT Brodell, JD Jackson. (2018). Chronic verrucous sarcoidosis associated with human papillomavirus infection: Improvement with Adalimumab. *JAAD Case Reports*, 4(9):866-68. Published online 2018 Oct 3. doi: 10.1016/j.jdc.2018.06.011

Capra C, Patel N, King J, Brodell R, Milner C. (2018). Graft Versus Host Disease After Syngeneic Transplant – a Case Report and Review of the Literature. *J Investig Med*, 66:351-640.

Nahar VK. (2018). Skin Cancer Knowledge, Attitudes, and Practices among Chinese Population: A Narrative Review, *Dermatology Research and Practice*.

Nahar VK, AH Wilkerson, B Martin, JF Boyas, A Ford, JP Bentley, P Johnson, KR Beason, WH Black, RT Brodell. Understanding and Predicting Sun Protection Behaviors of the State Park Workers Using Health Belief Model: A Cross-sectional Study in the Southeastern United States. *Cancer Epidemiology, Biomarkers & Prevention*. Submitted July 6, 2018.

Cochran CA, Keyes D, Doo C, Huynh T, Wyatt J. (2018). Leaves of Three, How Bad Can It Be. *J Mississippi State Medical Assoc*, 59(9):400-404.

Nahar VK, WH Black, MA Ford, MA Bass, JP Bentley, P Johnson, RT Brodell. Factors influencing sun protection behaviors among skin cancer patients: An application of the Information-Motivation-Behavioral Skills Model. *Clinics in Dermatology*. Submitted July 16, 2018.

Helms SE, RT Brodell. Commentary: Let's Acknowledge Our Mistakes and Learn from Them! *British Journal of Dermatology*. Accepted July 26, 2018.

Abbas A, M Braswell, RT Brodell. Glomuvenous Malformations in a Young Male. *Derm Online J*. Accepted 9/1/18.

Fitzpatrick A, RT Brodell. Sudden eruption of painful, irregular ulcers on the gingiva, tongue, and buccal mucosa. *Journal of Family Practice*. Accepted 9/3/18.

Hodge B, J Roach, J Reserva, T Patel, A Googe, J Schulmeier, RT Brodell. (2018). The Spectrum of Histopathologic Findings in Pemphigoid: Avoiding Diagnostic Pitfalls. *J Cutan Pathol*, 45: 831-838. Doi. org10.1111/cup.13343.

Nahar VK, Wilkerson AH, Ghafari G, Martin B, Black WH, Boyas JF, Savoy M, Bawa G, Stafford FC, Scott MW, Grigsby TB, Gromley Z, Grant-Kels JM, Brodell RT. (2018). Skin Cancer Knowledge, Attitudes, Beliefs, and Prevention Practices among Medical Students: A Systematic Search and Literature Review. *International Journal of Women's Dermatology*, 4(3), 139-149.

Desrosiers A, S Jacks. A barrier to Care: distance travelled affects adherence and follow-up plans for patients with infantile hemangioma. *Pediatric Dermatology*. Accepted Sept 16, 2018.

Sharma M, Nahar VK. (2018). Promoting Physical Activity in Upper Elementary Children using Multi-Theory Model (MTM) of Health Behavior Change. *Journal of Preventive Medicine and Hygiene*.

Nahar, V. K., Oleski, J. L., Choquette, A. R., Hillhouse, J. J. & Pagoto, S. L. (In Press). Perspectives of Sunless-Only Tanning Business Owners. *British Journal of Dermatology*. Scher and Daniel's Nails: Rubin, Jellinek, Daniel, Scher Editor, 4th Edition, Springer, Philadelphia, 2018.

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Zhu TH, Suresh R, Warshaw E, Scheinman P, Mowad C, Botto N, Brod B, Taylor JS, Atwater AR, Watsky K, Schalock PC, Brian C, BC, Helms S, Jacob SE, Murase JE. The Medical Necessity of Comprehensive Patch Testing. *Dermatitis*. May/June 2018; 29 (3):

Bass, M. A., Sharma, A., Nahar, V. K., Chelf, S., Zeller, B., Pham, L., & Ford, M. A. (In Press). Bone Mineral Density and Its Correlates in Women and Men Ages 35 to 50 Years. *The Journal of the American Osteopathic Association*.

Nahar, V. K., Wilkerson, A. H., Stephens, P. M., Kim, R. W., & Sharma, M. (In Press). Testing Multi-Theory Model (MTM) in Predicting Initiation and Sustenance of Physical Activity Behavior among Osteopathic Medical Students. *The Journal of the American Osteopathic Association*.

Pagoto S, Nahar V, Frisard C. A Comparison of Tanning Habits Among Gym Tanners and Other Tanners. *JAMA Dermatol*. Published online July 18, 2018. doi:10.1001/jamadermatol.2018.1779.

## Presentations

Christopher WO, Ray AG, Brodell RT, Sheehan NT, Seawright AH, Wynn JJ, Anderson CD, Earl TM, Orr WS. An Opportunity for Improvement in Acral Lentiginous Melanoma: A comparison between African Americans and Caucasians. *Southwestern Surgical Congress Annual Meeting*. Spring 2018.

Fitzpatrick A, MA Braswell, J Ibrahim, S Jacks, RT Brodell. Access to Pediatric Dermatology Care in Mississippi. *Mississippi Academy of Sciences* Feb. 22 -23, 2018, Hattiesburg, MS.

Pagoto SL, Nahar VK, Frisard C, Lemon SC, Hillhouse JJ, & Oleski JL. Indoor Tanners Who Tan in Fitness Centers. 4th International Conference on UV and Skin Cancer Prevention. Toronto, Canada, May 1-4, 2018 (Accepted)

Murphrey M, Topham C, Lin K, Armenta A, Dickman J, Marion T, Mirza F, Robinson K, Henkel E, Gaufin M, Strunk J, Umeh ON, Jefferson I, LePoidevin L, Vu M, Brodell R. Dermatology Interest Group Association: An Update. Submitted as abstract to 2019 AAD Annual Meeting, Washington DC.

Cespedes J, K Adams, RT Brodell, J Hollinger. Telehealth Research Symposium 2018 Oct. 24-25 San Diego, CA. Society for Education and the Advancement of Research in Connected Health

Nahar, V. K., Sharma, M., Kim, R. W., Stephens, P. M., Johnson, E. C., & Johnson, J. W. Use of the Multi-theory Model (MTM) in Predicting Initiation and Sustenance of Stress Management Behaviors in Veterinary Students. Association of American Veterinary Medical Colleges, Annual Meeting, Washington, DC, March, 2019. (Accepted, to be presented).

Nahar, V. K., Patel, F. C., Raines J. A., Kim, R. W., Gruszynski, K., Sharma, M., Patterson, G., & Johnson, J. W. Exploring Attitudes and Practices Regarding Vet Shopping among Veterinarians Practicing in Tri-State Appalachian Counties. Association of American Veterinary Medical Colleges, Annual Meeting, Washington, DC, March, 2019. (Accepted, to be presented).

Kadevari, P. M., Moore, L. N., Stephens, P. M., Nahar, V. K., Ghafari, G., Memon, M., Bains, S., Patterson, G., & Sharma, M. Rabies related Knowledge, Attitudes, and Practices (KAP) in India: A Narrative Review of Literature. Consortium of Universities for Global Health, Annual Meeting, Chicago, IL, March 2019. (Accepted, to be presented).

Nahar, V. K., Sharma, M., Catalano, H. P., Stephens, P. M., Kim, R. W., & Johnson, J. W. Application of PRECEDE-PROCEED model to Assess Needs for preventing Opioid Addiction in Tri-state Appalachian Counties. Society for Public Health Education, Annual Meeting, Salt Lake City, UT, March, 2019. (Accepted, to be presented).

Nahar, V. K., Sharma, M., Kim, R. W., Stephens, P. M., Johnson, E. C., & Johnson, J. W. Prediction of Initiation and Sustenance of Stress Management Behaviors in Veterinary Students: A Test of the Multi-theory Model. Society for Public Health Education, Annual Meeting, Salt Lake City, UT, March, 2019. (Accepted, to be presented).

Nahar, V. K., & Sharma, M. Understanding and Predicting Indoor Tanning Cessation using Multi-theory Model of Health Behavior Change. Dermatology Nurses' Association, Annual Meeting, Washington, DC, February, 2019. (Accepted, to be presented).

## Dermatology CONNECTION

**Stephen Helms, MD, Editor**  
**Margaret Kovar, Assistant Editor**

